



THE GREENMOUNT GUARDIAN

2026 - 2027

Issue #5

Friday, 2nd October 2026



What an inspirational morning on Tuesday when we welcomed Gladiator Steel to school. Check out the photos on dojo. One of the parts of the healthy lifestyle he talked about a lot was hydration – the children came home with a bottle of water from Steel ! A huge thanks to our PTA for funding this event !



Next week @GPS

School Dinners: Week 1

[Click here to view the menu online](#)

Monday, 5th October

3.15 p.m. – 3.45 p.m.

PTA Uniform Shop Open

3.30 p.m. – 4.30 p.m.

Y3/4 Multisports

Y5/6 Football

Tuesday, 6th October

Wednesday, 7th October

3.15 p.m. – 3.45 p.m.

PTA Uniform Shop Open

3.30 p.m. – 4.30 p.m.

Y5/6 Netball

Thursday, 8th October

Friday, 9th October

9.15 a.m.

Harvest Assembly – Reception, Y1, Y2 and Y3 parents – reserve on Arbor

3.15 p.m. – 3.45 p.m.

PTA Uniform Shop Open



PTA Autumn School Disco Friday October 16th

INFANTS 5.30pm – 6.30pm
PASS THE PARCEL
Pay on the door – Drop off at main reception
Prepaid Tickets – Drop off at yr 5 classroom
PICK UP FROM YR 5 CLASSROOM

JUNIORS 6.45PM – 8.00PM
TUCK & POCKET MONEY SHOP
FACE PAINTING, TATTOOS
Pay on the door – Drop off at Yr6 Classroom
Prepaid Tickets – Drop off at yr 5 classroom

PICK UP FROM YR 5 CLASSROOM

£5 ENTRY
INCLUDES BAG OF CRISPS & UNLIMITED SQUASH OR WATER

PAY ON DOOR OR
BUY TICKETS
FROM THE
UNIFORM SHOP
NOW!



Parents' Evenings – Monday, 19th and Tuesday, 20th October

You can now log on to your Arbor account and book a parents' evening slot with your child's teacher. Head over to the "Guardian Consultations" section.

If you experience any difficulties, please contact the school office.

In this issue ...

- Diary Dates for 2026 – 2027
- Halloween Rail Trail
- Greenmount Bonfire
- PTA Dance Night
- Certificates this week
- Recycling in school
- "What parents need to know about "Looksmaxxing"



Greenmount Primary School

Holhouse Lane, Greenmount, Bury BL8 4HD

www.greenmountprimarybury.co.uk

Head Teacher: Mr D W Griffith

01204 884031

email: greenmount@bury.gov.uk

Deputy Head Teacher: Miss C Kunce



dates to Remember

Did you know you can sync our school's calendar so that all our events are saved on your phone !
Go to the calendar page on our website, scroll down to the bottom of the page and click the relevant "subscribe" button 😊

<https://www.greenmountprimarybury.co.uk/Calendar/>

Autumn Term – First Half

Friday, 16th October	5.30 – 6.30 pm 6.45 – 8.00 pm	PTA Discos
Monday, 19th October	2.30 – 6.30 pm	Parents' Evening
Tuesday, 20th October	2.30 – 6.30 pm	Parents' Evening
Wednesday, 21st to Friday, 23rd October		Year 4 Residential
Friday, 23rd October		School Closes for Half Term

BURY HOSPICE

35 YEARS
OF CARE, COMPASSION & COMMUNITY

Headline Sponsor

Butcher & Barlow
Your Solicitors, for life

HALLOWEEN RAIL TRAIL

BURY HOSPICES SPOOKTACULAR 5 MILE FANCY DRESS WALK

A fun, family-friendly event for everyone!
Walk from the Bury East Lancashire Railway station to the Ramsbottom station, then hop on an exciting train back to Bury.

EVERYONE WELCOME TO JOIN!

FANCY DRESS ENCOURAGED!

SATURDAY 10TH OCTOBER

START TIME 5PM

ROUTE BURY ELR STATION TO RAMSBOTTOM STATION (5 MILES)

RETURN TRAIN FROM RAMSBOTTOM BACK TO BURY

TICKET PRICES

CHILDREN (UNDER 16) £15

ADULTS £20

FUNDRAISING TARGET

£35 PER PERSON

FOR OUR 35TH BIRTHDAY!

SUPER FUNDRAISERS!

ANYONE WHO RAISES **£350+**

WILL RECEIVE A PUMPKIN PICKING VOUCHER FOR JERSEY GIRLS!

PLUS A 35TH ANNIVERSARY TEDDY!

SIGN UP TODAY! → www.buryhospice.org.uk/events/

Headline Sponsor

Butcher & Barlow
Your Solicitors, for life

Charity number: 1136843

EAST LANCASHIRE RAILWAY

The Sunnyside Project

GREENMOUNT SCOUTS
FAMILY
BONFIRE + FIREWORKS
SAT. 7TH NOV.

• CANON LEWIS HALL • HOLCOMBE BROOK •

ADULTS: £6
UNDER 16s: £2

• REFRESHMENTS •
 GAMES • STALLS

• FOR SAFETY •
 NO PRIVATE FIREWORKS
 NO SPARKLERS
 NO ALCOHOL

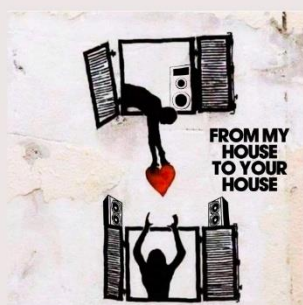
TICKETS:
 AVAILABLE AT
 GREENMOUNT
 BUTCHERS, OR
 VERNON ROAD

SCAN HERE

GATES OPEN: 6.30 PM
FIRE LIT: 7.15 PM
FIREWORKS: 8.00 PM



 **WALSHAW SPORTS CLUB AND GREENMOUNT PRIMARY PTA.....PRESENTS** 



DANCE THE NIGHT AWAY
WITH
DJ CRAIG HILL

TICKETS £15
INCLUDES DRINK ON ARRIVAL, BACON, SAUSAGE OR CHIP BUTTY
OVER 18'S ONLY
FRIDAY 13TH NOVEMBER
WALSHAW SPORTS CLUB, SYCAMORE DRIVE, BL8 3EG
DOORS OPEN 7PM

BOOK NOW USING THE BELOW QR CODE



Autumn Term – Second half

Tuesday, 3rd November	9.00 a.m.	School Re-Opens
Friday, 6th November		Non-Uniform Day for Autumn 1 Winning Team
Monday, 9th November	Morning	Individual and Family Photos
Monday, 9th November	6.30 pm.	Governors' Meeting
Friday, 13 th November	7.30 p.m.	PTA 90s Dance Night @ Walshaw Sports Club https://www.ticketsource.com/greenmount-primary-school-pta/90s-dance-night/2026-11-13/19:30/t-ixjqovk?
Thursday, 19th November	6.30 p.m.	Open Evening for September 2027 entry
Friday, 20th November	9.30 a.m.	Open Morning for September 2027 entry
Friday, 27th November	tbc	PTA Donations Day
Saturday, 28th November	tbc	PTA Christmas Fair
Tuesday, 8th December	9.30 a.m.	Y1/Y2 Christmas Performance
	5.30 p.m.	Y1/Y2 Christmas Performance
Thursday, 10th December		Christmas Jumper Day
	9.30 a.m.	Reception Christmas Performance
		Christmas Dinner
	5.30 p.m.	Reception Christmas Performance
Monday, 14th December	Morning	PTA Secret Christmas Shop
Wednesday, 16th December	2.30 p.m.	Christmas Musical Afternoon
Thursday, 17th December		Christmas Parties
Friday, 18th December	9.15 a.m.	Christmas Service in Church
	3.30 p.m.	School closes for Christmas



Spring Term – First half

Monday, 4th January	7.30 a.m. - 5.30 p.m.	GOOSE Holiday Club
Tuesday, 5th January	9.00 a.m.	School Re-Opens
Friday, 8th January		Non-Uniform Day for Autumn 2 Winning Team
Monday, 18th to Friday, 22nd January		Year 5 Swimming (mornings)
Friday, 22 nd January		PTA Freaky Friday
Thursday, 28th January	Evening	Year 5 / Year 6 Young Voices Concert
Monday, 1st to Friday, 4th February		Children's Mental Health Week
Tuesday, 9th February	2.30 - 6.30 p.m.	Parents' Evening - Year 6
Wednesday, 10th February	2.30 - 6.30 p.m.	Parents' Evening - Year 6
Friday, 12th February	3.30 p.m.	School Closes for Half Term

[Term dates until 2028 are available on the website – click here](#)

Please note that due to regulations from the DfE, schools can not authorise absences for the purpose of family holidays. Parents risk the possibility of receiving a Fixed Penalty Notice from the Local Authority if children are taken out of school for holidays.

Please contact Mr Griffith if you are considering a family holiday during term time – please email in to greenmount@keeplearningtrust.co.uk

More information about the regulations can be found by [clicking here](#)

Spring Term – Second half

Monday, 22nd February	9.00 a.m.	School Re-Opens
Friday, 26th February		Non-Uniform Day for Spring 1 Winning Team
Monday, 1st March	6.30 p.m.	Governors' Meeting
Thursday, 4th March		World Book Day - Dressing Up
Friday, 5th March	tbc	PTA Secret Mothers' Day Shop
Tuesday, 16th March	2.00 p.m.	Y3/Y4 Production
	6.30 p.m.	Y3/Y4 Production
Tuesday, 23rd March	2.30 - 6.30 p.m.	Parents' Evening - Reception to Year 5
Wednesday, 24th March	2.30 - 6.30 p.m.	Parents' Evening - Reception to Year 5
Thursday, 25th March	9.15 a.m.	Easter Service (in Church)
	3.30 p.m.	School closes for Easter
30th March to 2 nd April	7.30 a.m. - 5.30 p.m.	GOOSE Holiday Club

Summer Term – First half

Monday, 12th April	9.00 a.m.	School Re-Opens
Friday, 16th April		Non-Uniform Day for Spring 2 Winning Team
Monday, 3rd May		Bank Holiday - School Closed
Monday, 10th to Thursday, 13th May		Year 6 SATs Week
Friday, 14th May	tbc	PTA Discos
Tuesday, 18th May	6.00 p.m.	Meeting for Year 6 Parents re Residential
Monday, 24th May	Morning	Class Photographs
Thursday, 27th May	3.30 p.m.	School Closes for Half Term

Summer Term – Second half

Tuesday, 8th June	9.00 a.m.	School Re-Opens
Wednesday, 9th to Friday, 11th June		Year 6 Residential Trip
Wednesday, 16th June	6.00 p.m.	Meeting for new Reception parents
Friday, 18th June	tbc	PTA Secret Fathers' Day Shop
Tuesday, 22nd June	3.40 p.m.	Open Afternoon
Tuesday, 29 th June		“Move up” morning
Thursday, 1st July		Sports Day 9.00 a.m. Year 6 10.00 a.m. Year 5 10.45 a.m. Year 4 11.30 a.m. Year 3 1.00 p.m. Reception 1.45 p.m. Year 1 2.30 p.m. Year 2
Friday, 2nd July	tbc	PTA Donations Day
Saturday, 3rd July	tbc	PTA Summer Fair
Monday, 12th July	6.30 p.m.	Governors' Meeting
Tuesday, 13th July	2.00 p.m.	Year 5 / Year 6 Performance
	6.30 p.m.	Year 5 / Year 6 Performance
Thursday, 15th July		Reserve Sports Day
Friday, 16th July		Reports Sent Home
Monday, 19th July		Non-Uniform Day for Summer 2 Winning Team
Wednesday, 21st July	2.30 p.m.	Leavers' Assembly - Year 6 Parents
	3.30 p.m.	School Closes for Summer Holiday
22nd July to 6th August	7.30 a.m. - 5.30 p.m.	GOOSE Holiday Club



Making their mark this week:

Certificates were awarded to:

Reception:

Olivia, Marley, Jacob, Hope

Year 1:

Henry, Ivy, Sully, Clark, Beatrice

Year 2:

Evie, Elsie, Holly S, Albert

Year 3:

Brodie, Theo, Rosie W, Gracie, Phoebe, Marcus

Year 4:

Sofia D, Niamh, Alice, Etta, Flynn

Year 5:

Charles, Harry, Chloe, Frankie

Year 6:

Oscar, Ivy, Idris, Joe

Stars of the week:

Reception:

Bonnie

Year 1:

Sienna

Year 2:

Freddie

Year 3:

Freddie

Year 4:

Max

Year 5:

Mia

Year 6:

Henry, Ophelia



This week's winning team:

Each week, class staff choose a small group of children who have “made their mark” over the week and really impressed them. These children receive a certificate and one of them in each class is nominated as the “Star of the Week”. Once the children have received three certificates, they achieve a bronze award. Six certificates achieves a silver award. Children who achieve ten certificates receive a prestigious gold award ! The phrase “Make your mark” comes from the book “The Dot” by Peter H Reynolds and is our school motto and underpins our behaviour expectations.

Recycling Point

Have you found our Recycling Point yet ? It's just outside the kitchen; head to your right at the main entrance.

Watch out for photos of lost property items on the [Parents of Greenmount Primary School Facebook Page](#) ... please collect anything that belongs to you !

Our Lost Property is stored here.

We're collecting beauty, health care and wellness products:

Make up containers and beauty products such as:

- Mascara and eye liner tubes
- Lipsticks, palettes, compacts
- Toothpaste tubes
- Plastic lotion tubes and pots
- Deodorants (not aerosols)

We're collecting oral health products:

- Toothpaste tubes
- Toothbrushes
- Toothbrush heads
- Toothbrush packaging
- Floss containers

Unfortunately, we are no longer collecting batteries.

BABYBEL PRODUCTS



Writing Implements

Pens, markers, felt tips, highlighters etc

MAKE
SECOND
HAND
YOUR FIRST
CHOICE




NOW
ACCEPTING
DONATIONS

PLEASE LEAVE ANY CLEAN UNIFORM, COATS & BAGS IN THE BLUE BIN NEAR THE MAIN GATES

100% of all sales goes directly to the PTA charity to help with school funds

~ Thank you for your support ~

What Parents & Educators Need to Know about LOOKSMAXXING

WHAT ARE THE RISKS?

Looksmaxxing is an online trend focused on improving one's physical appearance, particularly among boys and young men. At the milder end, it can involve grooming, skincare, diet and exercise advice, sometimes called "softmaxxing". At its extremes, or "hardmaxxing", it can promote unproven or dangerous practices and contribute to body image concerns, low self-worth, and mental health difficulties.

TARGETING MALE INSECURITIES

Although usually aimed at men, looksmaxxing can also reach boys by promising to improve their appearance and dating success. Forums offer 'objective', and sometimes brutal, views on attractiveness, while influencers may make appearance seem all-important. Advice ranges from useful tips on hygiene, skincare, and fashion to more concerning guidance.

DUBIOUS ADVICE

Some advice moves into dubious territory. One example is "mewing", a tongue exercise claimed to create a more masculine jawline. The American Association of Orthodontists says evidence for its effectiveness is limited and warns that following such guidance could contribute to tooth alignment problems, bite issues, and speech difficulties.

EXTREME REMEDIES

Some DIY remedies are even more extreme and potentially dangerous. While fears of "bonesmashing" – which involves trying to alter the cheekbones using blunt objects for a more 'masculine' appearance – may sometimes be overstated in the media, other guidance can also cause harm. Untrained use of microneedling and derma rollers, taking substances or medication without appropriate medical guidance, and overusing skincare products can all have potentially harmful consequences.

BODY IMAGE ISSUES

This pursuit of physical perfection can become obsessive and contribute to serious body image issues. Exposure to looksmaxxing content can encourage teenagers to tie their appearance to their value and self-worth, as well as making boys and young men feel they need to change perfectly normal aspects of their appearance. This can be associated with disordered eating, overexercising, or other obsessive behaviours that interfere with everyday life.

MENTAL HEALTH PROBLEMS

As well as the physical consequences, body image concerns can be associated with mental health difficulties, such as depression, anxiety, low self-esteem, body dysmorphic disorder, and psychological distress. They can cause problems both at school and at home, with children and young people potentially avoiding social situations because they fear their appearance will be negatively judged by others.

A PATHWAY TO EXTREMES

Looksmaxxing has its roots in online 'incel' communities but has since become more mainstream on platforms such as TikTok. Algorithm-driven feeds may show users more extreme material as they interact with similar content. Some looksmaxxing spaces have also been linked with misogynistic, incel, and white supremacist ideologies.

Advice for Parents & Educators

WATCH FOR CHANGES

Keep an eye out for concerning behavioural changes in children and young people. This could include an obsession with diet and exercise, spending more time on social media apps, becoming secretive with their phone, or a shift in how they interact with friends and family. If a young person suddenly becomes distressed by their appearance or adopts rigid or extreme routines, try to understand what may be behind the change.

LISTEN FOR THE LINGO

Like many internet communities, looksmaxxing groups and influencers use distinctive language. As well as "mewing", mentioned above, you might hear terms such as "Chad" (an attractive male), "foid" (a misogynistic term for a woman), and "mogging" (looking more attractive than someone else). Other examples involve adding "maxxing" to another word, such as "jestermaxxing" (using humour to attract women) and "starvemaxxing" (extreme dieting).

CHECK THE SOCIAL MEDIA

Social media algorithms are tailored to each user, meaning what appears on your feeds may be dramatically different from what children see on theirs. Try to get an idea of the content children and young people are consuming online, and use available parental controls where appropriate. TikTok, for example, provides tools that can help families manage or filter certain types of content.

TALK TO YOUR CHILDREN

Open communication can help children and young people recognise misleading influencers and harmful online communities. Discuss unrealistic ideas about appearance and explain that some creators benefit from controversial or extreme content. Talk about the risks of unqualified health advice and how people's insecurities can be exploited online, while making it clear that it's okay to speak openly about any concerns.

Meet Our Expert

Alan Martin is a technology journalist who has written for publications including Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.



The National College®

See full reference list on our website

X @wake_up_weds

f /www.thenationalcollege

ig @wake.up.wednesday

🎵 @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.09.2026